

HEART OF CHAMPIONS BOXING

Registration Fee:

Adults- \$120.00

Children- \$100.00

Price Includes: head gear, two sets of hand wraps and standard official boxing gloves.

Rates:

\$105.00-110.00 For 4 Workouts = 1 Session Per week/ Per Month Training

\$ 115.00-120.00 For 8 Workouts = 2 Sessions Per Week/Per Month Training

\$125.00-135.00 For 12 Workouts = 3 Sessions Per Week/Per Month Training

\$145.00-155.00 for 16 Workouts = 4 Sessions Per Week/Per Month Training

\$160.00-170.00 for 20 Workouts = 5 Sessions Per Week/Per Month Training

Includes:

- Weekly Performance evaluation with Instructor/Trainer.
- Weekly Nutrition & Diet Plan Consultation.
- Weekly Drugs & Gang Related Awareness Lectures & Handouts.
- You can do the T.O.P (Tryout Program) for \$40.00
- No obligation whatsoever, No Contract, No Membership Fees, No Hidden Costs

After the (T.O.P), if you decide that the training program is good for you or your young boxer, it's up to you to call if you wish to continue. We will not call you after (T.O.P) to pressure you to join in any form. Again there is no pressure to you at all. It is entirely up to you. If you do choose to join us, fifteen percent of the (T.O.P) fee will go towards your regular rate cost.

DAILY RATES/1on1 PERSONAL TRAINING RATES ARE AS FOLLOWS:

*Beginner Boxers- \$100.00 per hour

*Intermediate Boxers- \$105.00 per hour

*Advanced Boxers- \$110.00 per hour

Note: Registration and Sessions Fees ARE NON- REFUNDABLE